

## ***True Survivor Beyond the Wild* Information and Consent Form**

*True Survivor: Beyond the Wild* is a spiritual survival course for **young men aged 13- 18 on 25th - 27th May 2018**. The course blends practical elements of wilderness survival training with a Catholic retreat: The group will learn to find and purify water, to make fire by friction, to build a survival shelter, to track, trap and prepare animals and to navigate using the stars. The young men will also learn to develop their prayer life, the importance of the Sacrament of Reconciliation, how the Eucharist nourishes us, why we need the Church and how to discern God's calling in life. The weekend is delivered in a fun and friendly environment, complete with a nightly campfire, and breakfast, lunch and dinner cooked over an open fire.

We can only offer 20 places at this event! The weekend costs **£99pp including minibus transport from within the Diocese**. The group will travel to an area of woodland called Dyer's Copse, near Poole in Dorset. The coach drop-off/pick-up points and exact timings will be confirmed once we know where people will travel from. We aim to arrive at Dyer's Copse for 9pm on Friday and leave camp at 3pm on Sunday. To book on to *True Survivor: Beyond the Wild*, return this form with either a deposit cheque for £30.00 (balance due by 11th May 2018) or a full cheque for £99.00 (made payable to Northampton Youth Ministry Office)

### **Participant:**

Full name:

Address:

\_\_\_\_\_

\_\_\_\_\_

Date of birth:

\_\_\_\_\_

\_\_\_\_\_

Parish or school

\_\_\_\_\_

Email address:

\_\_\_\_\_

We ask young men participating in *True Survivor: Beyond the Wild*:

1. Not to possess or use any illegal substances, alcohol, cigarettes or weapons of any kind.
2. To follow all schedules, rules, instructions & emergency procedure of the NYMO leaders and True Survivor staff.
3. Not to hurt anyone verbally, emotionally, physically or in any other way.
4. To refrain from using swear words & language that others may find offensive.
5. To work towards making the event a good and safe time for everyone.
6. Not to bring valuables to the event, as the RC Diocese of Northampton will not take any responsibility for theft or any damage incurred.

I have read & understood the above code of conduct & commit to uphold this code

Signed by participant: \_\_\_\_\_ Date: \_\_\_\_\_

Print name: \_\_\_\_\_

## Parent/Guardian:

True Survivor have taken all reasonable steps to provide a level of care and assurances of safety appropriate to the nature of the activities on the course. However you should be aware that certain inherent risks remain, which are integral to adventurous activities. These risks cannot be fully eliminated without destroying the unique character of the *True Survivor: Beyond the Wild* course. A thorough risk assessment has been conducted and is available to all participants and parents on request.

I, the parent/guardian give permission for my child to take part in *True Survivor: Beyond the Wild*.

1. I agree to his participation in the programme's activities.
2. I recognise that my child is expected to abide by safety instructions and behave accordingly to the above code of conduct
3. I am willing and available to collect my child in the event of bad behaviour, at the request of the event leader
4. I will inform the activity organisers if he comes into contact with any infectious diseases up to 4 weeks before the activity.
5. I recognise that the course has inherent risks which are integral to adventurous activities.
6. I understand that group/activity photographs may be taken during the event, in accordance with Diocesan policies, by NYMO and True Survivor. I give my consent for this. (Please note that we would now presume that photos taken by young people will be displayed on social networks such as Facebook, Twitter etc. Please contact us if you have any concerns in relation to photographs.)
7. I understand that in the event of an illness or accident every effort will be made by the event leader or other adult leaders to contact me. If for whatever reason this is not possible I agree to my child receiving medication as instructed & any emergency dental, medical or surgical treatment, including anaesthetic or blood transfusion, as considered necessary by the medical authorities present.
8. If my child has any medical conditions (such as diabetes or epilepsy) or other information that NYMO should be aware of, I will give details below. I confirm that the below information is a complete resume of my child's current health status. (Data Protection Act 1998 – information given will be used solely for the purpose for which it was given. It will be held confidentially, updated when appropriate, & destroyed when no longer required. Please note that NYMO's adult leaders are not responsible for administering medication during this weekend. Please contact us if you have any concerns regarding medication)
9. If my child has any dietary requirements such as allergies, or vegetarianism/veganism etc. I will give details below.

Please give the name and contact details of your child's GP:

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Does your child have any medical condition, such as diabetes or epilepsy?

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Does your child have any regular medication or medical treatment? (name / dosage / purpose)

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Is there any other information which we ought to know about your child (such as fears, phobias or behavioural issues)?

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Does your child have any specific dietary requirements?

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Does your child have any allergies? (medication / food / environmental etc?)

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Parent/guardian email address:

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Parent/guardian phone number: \_\_\_\_\_

Alternative contact phone number in case of emergency: \_\_\_\_\_

Signed by parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Print name: \_\_\_\_\_

NYMO 



**TRUE SURVIVOR**  
**BEYOND THE WILD**

Please return a signed copy of this form to True Survivor, NYMO, 33 Westbourne Road, Luton, LU4 8JD  
or scan a signed copy and email to [info@nymo.org](mailto:info@nymo.org)

## ***True Survivor Beyond the Wild Equipment List***

### **Participants must arrive in the following:**

- Proper hiking boots. (Broken in, with good grip & ankle support)
- Hiking socks.
- Suitable trousers. (Not too thick or heavy.)
- Light shirt/T shirt.

### **Participants must pack the following in a small 'day' rucksack (this may need to be carried):**

- Waterproof rucksack liner. (A strong bin bag will do.)
- 1 Litre water bottle. (Please arrive with it full.)
- Waterproof jacket.
- Waterproof trousers. (Optional.)
- Thermal base layer. (Optional.)
- Warm top.
- Warm hat.
- Snacks. (Optional: Breakfast, lunch, and dinner are provided.)
- Baby wipes & hand sanitiser.

### **The following will remain at camp, and must be packed separately:**

- Tent (please contact us if you do not have your own tent)
- Camping sleeping bag & sleeping mat.
- Spare clothes. (T shirts, trousers, socks & boxers etc.)
- Clothes for the evening. (trainers, trousers, warm top etc.)
- A plastic bag for rubbish.
- Wash kit. (Soap, toothbrush, toothpaste, towel etc.)
- Plastic/metal plate & bowl, knife, fork and spoon.
- Torch & 2 spare sets of batteries.
- Sun cream, sun hat & sun glasses.

Participants are welcome to bring mobile phones, but we ask that they are turned off during the day. There will be no way to charge phones on the course, so it's worth bringing a fully charged phone with good battery life. (£10 phones always beat smart phones on battery life.) We are not able to guarantee coverage where we will be camping, but there is an emergency contact phone so that the group can be contacted in case of an emergency, at any time throughout the course.

**Please retain this page for your information**